

Get medical care from the comfort of home.

See a doctor online instead of in a clinic — save time, money.



Create an account with Surest and take advantage of our low-cost virtual health network.

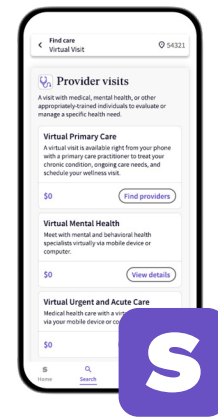
1

Get started at Benefits.Surest.com



2

From the Surest app or website, search **“virtual visit”** or by symptom or condition like back ache or sinus infection to see virtual programs available to you.



Illustrative example only. Costs and coverage may vary.

3

No commute. No waiting room. Save time, get the care you need, then get on with your day.



You've got questions. We've got answers.

The **Surest health plan** puts you in the driver's seat so you can search and find the care you need, at prices you can see. When you have questions or need support along the way, our Surest Member Services team is just a click or call away.



Get the free Surest app for help at your fingertips.



From the Surest app

Chat with a team member in real-time, Monday – Friday from 6 am – 9 pm CT.

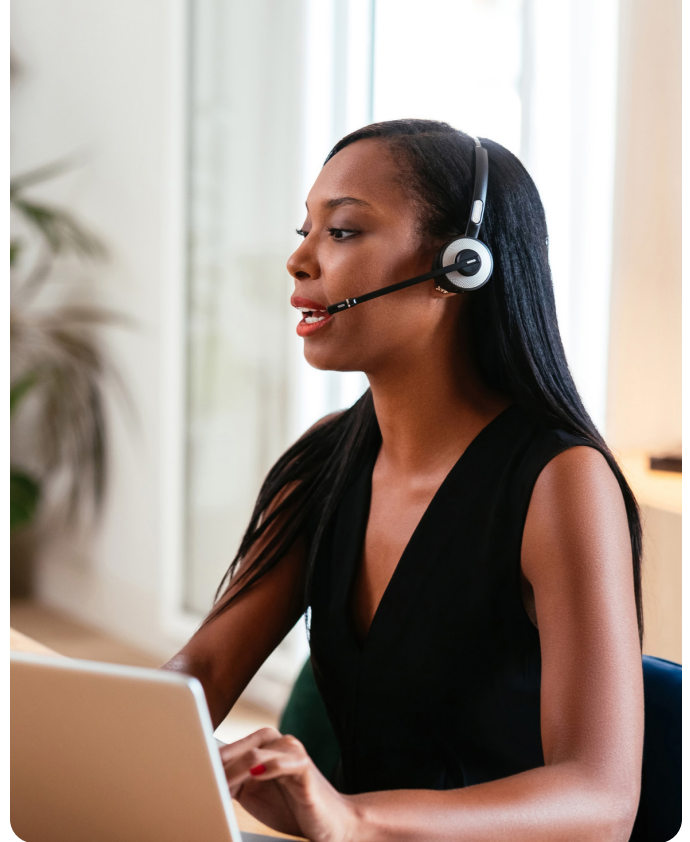
Email us to get a response within 24 hours.

From Surest.com

Click on the Menu button/icon and then select “Help and Support”. From here, you will see all the ways you can connect with Surest Member Services.

From your phone

Call 866-683-6440 to speak with a Surest Member Services team member. Available Monday – Friday from 6 am – 9 pm CT.



Clinical advocates

If you need help navigating care and support, the Surest Clinical Advocacy team can help. Our clinical advocates can offer guidance on providers, locations, and treatment options to support all types of care needs — from family planning and physical therapy to cancer treatment and gender affirming support.

To get in touch, call Surest Member Services at 866-683-6440 and ask to speak with a clinical advocate.

Language support

Surest Member Services offers support to members in English and Spanish, as well as 240 other languages via an interpretation service. Call 866-683-6440 and ask to be connected with language support.

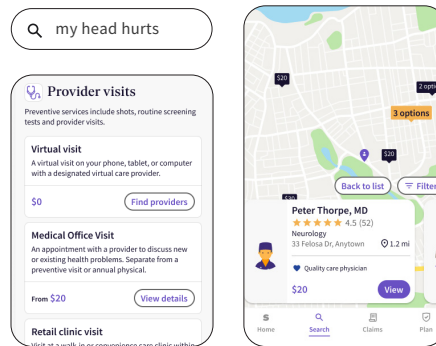


Search: So much more than “Is my doctor in-network?”

Download the **Surest app** or visit **Benefits.Surest.com** to search for care and supplies — and see the price before you get them.

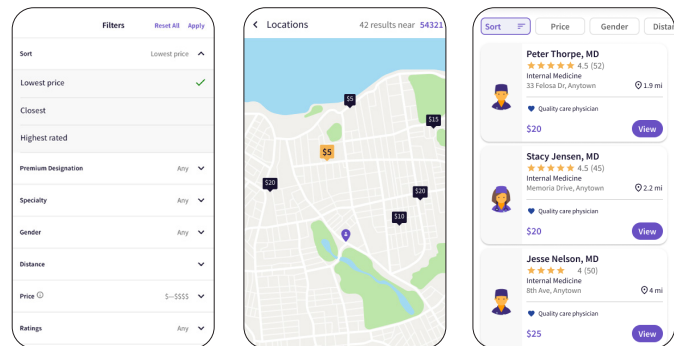
1 Search

- From the search bar, type in your condition, or symptoms like “my head hurts”.
- Results will show care options for you to consider.
- Select a doctor or location to see the copy.
- You can also search by provider name to see prices and if they're in-network.



2 Compare

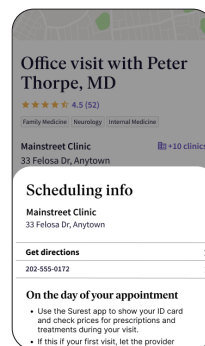
Turn on filters like specialty, gender, and distance to find care that suits you. Patient-submitted provider star ratings and reviews may also help you compare options.



3 Decide

By evaluating providers, locations, and costs in advance, you can make more informed decisions about care that fits your lifestyle and budget.

- View a map of provider listings to see upfront prices and nearby locations.
- Select the provider you want and see scheduling info.



Illustrative examples only. Cost and coverage may vary.



Questions about how to search?

Watch this video or contact Surest Member Services via chat, email, or phone at **866-683-6440, Monday – Friday from 6 am – 9 pm CT.**